

YOUR PAGE

This is your space to write your own journal—
your view of your work, life, happiness. **2020**

My Work (1-10)

My Life

If I Won a Million-Dollar Lottery...



Happiness (1-10)

Purpose of Life

Work Do I enjoy my work? What meaning does it have for me?

Life What is going good in my life? What is unique? What am I missing? Where would I like to take it?

A Lottery Win My plan for spending the win money will include ...

Happiness I am happier when ____. What will I do to raise my happiness this year?

Purpose My purpose of life is ... And here is how I will live it more.

Your Page

2021

My Work (1-10)

My Life

If I Won a Million-Dollar Lottery...

Happiness (1-10)

Purpose of Life



Your Page

Updates

2022

2023

My Work
(1-10)

My Life

 If I Won a
Million-Dollar
Lottery...

Happiness
(1-10)

Purpose of Life

Updates

Your Page

2024

2025

My Work
(1-10)

My Life

 If I Won a
Million-Dollar
Lottery...

Happiness
(1-10)

Purpose of Life

50 FACES OF **HAPPY**
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Last year, a social scientist and professor crisscrossed the USA and Canada, approaching people on the street at random and asking them a few questions. Some 500+ of them.

Engineers, doctors, factory workers, managers, merchants, lawyers, musicians, artists, homemakers, students—they told him what happiness meant to them.



Read their answers here, a sample of 50 of them. And then write or rewrite your own!



A potpourri
of street interviews
with people across
the nation on
questions
of deep personal
relevance

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